

**SHELBY COUNTY SCHOOLS LUNCH MENU**

Feb-11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	TERIYAKI BEEF NUGGETS/ROLL GRILLED CHICKEN SANDWICH *ENTRÉE SALAD SEASONED GREEN BEANS WHIPPED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 1	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 2	FISH STICKS WITH BREAD STICK SLICED HAM WITH BREAD STICK *ENTRÉE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 3	PIZZA ENTRÉE WRAP *ENTRÉE SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 4
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 7	CHICKEN TENDERS W/ROLL EGG ROLL *ENTRÉE SALAD 0 OVEN BROWNEED POTATOES FRUITED GELATIN FRESH FRUIT CHILLED FRUIT CUP *MILK 8	SOUP W/ GRILLED CHEESE SAND. BBQ SANDWICH *ENTRÉE SALAD 0 MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 9	STEAK STRIPS W/ ROLL QUESADILLA WITH SALSA *ENTRÉE SALAD BLACKEYED PEAS GARDEN SALAD 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 10	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 11
CHICKEN NUGGETS W/ROLL HAMBURGER SANDWICH *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 14	FISH STRIPS WITH/HUSH PUPPIES BARBECUE SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNEED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 15	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI SWEET POTATO CASSEROLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 16	NACHO SUPREME TURKEY CORN DOG NUGGETS *ENTRÉE SALAD WHOLE KERNEL CORN 0 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 17	PIZZA TURKEY & CHEESE SANDWICH *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 18
<b>PRESIDENT'S DAY</b>	CHICKEN SANDWICH CHILI W/ CRACKERS *ENTRÉE SALAD LETTUCE, TOMATO, ONION OVEN BROWNEED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 22	TACOS OR TACO SALAD HOT POCKET *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 23	TERIYAKI CHICKEN W/ RICE FISH FILET SANDWICH *ENTRÉE SALAD SLAW SEASONED GREEN BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 24	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 25
*FEBRUARY 21				
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 28				

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**USDA MEAL REQUIREMENTS**

**('K - 3 )**

**(4-12)**

MEAT / MEAT ALTERNATE

1 1/2 OUNCE, PER DAY

2 OUNCES, PER DAY

VEGETABLE AND OR FRUIT

1/2 CUP, PER DAY

3/4 CUP, PER DAY

BREAD / BREAD ALTERNATE

8 SERVINGS, PER WEEK

8 SERVINGS, PER WEEK

\*\*MILK \*

1/2 PINT. PER DAY

1/2 PINT, PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

**CUSTOMERS HAVE A CHOICE OF ONE ENTRÉE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**

Menu subject to change based on availability