

**SHELBY COUNTY SCHOOLS LUNCH MENU**

**Nov-10**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT POCKET HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 1	TERIYAKI BEEF NUGGETS/ROLL GRILLED CHICKEN SANDWICH *ENTRÉE SALAD SEASONED GREEN BEANS WHIPPED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 2	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 3	FISH STICKS WITH BREAD STICK SLICED HAM WITH BREAD STICK *ENTRÉE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 4	PIZZA ENTRÉE WRAP *ENTRÉE SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 5
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 8	CHICKEN TENDERS W/ROLL EGG ROLL *ENTRÉE SALAD 0 OVEN BROWNED POTATOES FRUITED GELATIN FRESH FRUIT CHILLED FRUIT CUP *MILK 9	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 10	VETERAN'S DAY BREAK  *November 11	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 12
CHICKEN NUGGETS W/ROLL HAMBURGER SANDWICH *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 15	FISH STRIPS WITH/HUSH PUPPIES BARBECUE SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 16	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI SWEET POTATO CASSEROLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 17	NACHO SUPREME TURKEY CORN DOG NUGGETS *ENTRÉE SALAD WHOLE KERNEL CORN 0 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 18	PIZZA TURKEY & CHEESE SANDWICH *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP MILK 19
MEATBALL SUB POPCORN CHICKEN *ENTRÉE SALAD SEASONED GREEN PEAS SCALLOPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 22	CHICKEN SANDWICH CHILI W/ CRACKERS *ENTRÉE SALAD LETTUCE, TOMATO, ONION OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 23	<b>THANKSGIVING BREAK</b> NOVEMBER 24-26, 2010 SPECIAL LUNCH FOR THANKSGIVING WILL BE ANNOUNCED AT EACH SCHOOL PRIOR TO BREAK. PUBLISHED MENU WILL CHANGE FOR THAT DAY		
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 29	GRILLED HAM & CHEESE SAND. CHICKEN FAJITA W/ TORTILLA *ENTRÉE SALAD FAJITA FIXINGS OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 30			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE  
VEGETABLE AND OR FRUIT  
BREAD / BREAD ALTERNATE  
\*\*MILK \*

**( 'K - 3 )**

1 1/2 OUNCE, PER DAY  
1/2 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT. PER DAY  
**\*\* A VARIETY OF LOWFAT MILK OFFERED**

**(4-12)**

2 OUNCES, PER DAY  
3/4 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTRÉE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**

Menu subject to change based on availability